

Sports Injury Program - Marblehead High School

- If a student-athlete endures an injury during a practice or sporting event, the coach must communicate the details of this injury to the student's guardian, Athletic Director, and athletic trainer as soon as possible.
- If the student-athlete seeks medical attention, a copy of the medical recommendations and documents from the student's physician must be provided to the school nurse and the athletic trainer. It is recommended that a release be signed by the guardian for the athletic trainer and the student's physician to communicate.
- Should the student-athlete require the prescription of pain medication, or surgery resulting in the need for pain medication, the trainer will notify the School Social Worker.
 - In order to educate on the dangers of prescription drugs and screen for addiction risks, the student-athlete will be provided 3 counseling/education sessions with the School Social Worker. The Social Worker will communicate with the student's guardian.
- For medical and substance abuse prevention purposes, the athletic trainer and School Social Worker will engage in communication regarding student-athletes who may be at risk for substance abuse issues. This information will remain confidential.
- The athletic trainer will keep a database of student injuries.
- All guardians of student-athletes are required to read the documents outlining "Opioid Misuse Prevention for Student Athletes" on the school's website found here <https://www.marbleheadschoools.org/district/athletics/pages/opioid-misuse-prevention-student-athletes>. A form will be signed by the guardian stating that they have reviewed these documents.